

[Request an Appointment](#)[Find a Doctor](#)[Find a Job](#)[Give Now](#)[Log in to Patient Account](#)[English](#)[Patient Care & Health Information](#) > [Diseases & Conditions](#)

# Alcohol poisoning

[Request an Appointment](#)[Symptoms & causes](#)[Diagnosis & treatment](#)

## Diagnosis

[Print](#)

In addition to checking for visible signs and symptoms of alcohol poisoning, your doctor will likely order blood and urine tests to check blood alcohol levels and identify other signs of alcohol toxicity, such as low blood sugar.

## Treatment

Alcohol poisoning treatment usually involves supportive care while your body rids itself of the alcohol. This typically includes:

- Careful monitoring
- Prevention of breathing or choking problems
- Oxygen therapy
- Fluids given through a vein (intravenously) to prevent dehydration
- Use of vitamins and glucose to help prevent serious complications of alcohol poisoning

Advertisement

**Repatha**  
(evolocumab) injection 10 mg/mL

For adults with heart disease

I **lowered** my LDL bad cholesterol. Look at me.

[Learn more >](#)

**Indications and Important Safety Information**  
**Do not use Repatha® if you are allergic to evolocumab or to any of the ingredients in Repatha®.**  
**Before you start using Repatha®,** tell your healthcare provider about all your medical conditions, including if you are allergic to rubber or latex, are pregnant or plan

Mayo Clinic does not endorse companies or products. Advertising revenue supports our not-for-profit mission.

### Advertising & Sponsorship

[Policy](#) | [Opportunities](#) | [Ad Choices](#)

### Mayo Clinic Marketplace

Check out these best-sellers and special offers on books and newsletters from Mayo Clinic.

[FREE TRIAL — Mayo Clinic Health Letter](#)[4 simple steps to a joy-filled life](#)

Adults and children who have accidentally consumed methanol or isopropyl alcohol may need hemodialysis — a mechanical way of filtering waste and toxins from your system — to speed the removal of alcohol from their bloodstream.



[Request an Appointment at Mayo Clinic](#)

## Lifestyle and home remedies

Home remedies for alcohol poisoning won't work. This is an emergency situation.

### Dangerous myths

You can't reverse the effects of alcohol poisoning, and you could actually make things worse through some actions. Here's what doesn't work:

- Sleeping it off — you can lose consciousness while asleep
- Black coffee or caffeine — this does not counteract the effects of alcohol poisoning
- A cold shower — the shock of cold can cause a loss of consciousness
- Walking it off — this does not increase the speed at which alcohol leaves your body

By Mayo Clinic Staff



[Request an Appointment at Mayo Clinic](#)



Share on: [Facebook](#) [Twitter](#) [Print](#) Jan. 19, 2018

[Mayo Clinic on Arthritis](#)

[Stop osteoporosis in its tracks](#)

[The Mayo Clinic Diet Online](#)

Advertisement

Is this page safe for your brand?  
**We can help.**

[VISIT INTEGRALADS.COM](#)

**IAS** Integral Ad Science

References

# Related

Nausea and vomiting

# Alcohol poisoning

## Symptoms & causes

## Diagnosis & treatment

Patient Care & Health Information > Diseases & Conditions > Alcohol poisoning

CON-20199566



- Request Appointment | Contact Us
- About Mayo Clinic | Employees | Find a Job
- Site Map | About This Site



Mayo Clinic is a not-for-profit organization. Make a donation.

### PATIENT CARE & HEALTH INFO

- Healthy Lifestyle
- Symptoms A-Z
- Diseases & Conditions A-Z
- Tests & Procedures A-Z
- Drugs & Supplements A-Z
- Appointments
- Patient & Visitor Guide
- Billing & Insurance
- Patient Online Services

### DEPARTMENTS & CENTERS

- Doctors & Medical Staff
- Medical Departments & Centers
- International Services
- Research Centers & Programs
- About Mayo Clinic
- Contact Us

### RESEARCH

- Explore Research Labs
- Find Clinical Trials
- Research Faculty
- Postdoctoral Fellowships
- Discovery's Edge Magazine
- Search Publications
- Training Grant Programs

### EDUCATION

- Mayo Clinic College of Medicine and Science
- Mayo Clinic Graduate School of Biomedical Sciences
- Mayo Clinic Alix School of Medicine
- Mayo Clinic School of Continuous Professional Development
- Mayo Clinic School of Graduate Medical Education
- Mayo Clinic School of Health Sciences
- Alumni Center

### FOR MEDICAL PROFESSIONALS

- Provider Relations
- Referring Physician Portal
- AskMayoExpert
- Video Center
- Publications
- Continuing Medical Education
- Mayo Clinic Laboratories

### PRODUCTS & SERVICES

- Health Books
- Healthy Living Program
- International Advisory Services
- Sports Medicine
- Licensable Content
- Mayo Clinic Health Letter
- Mayo Clinic Laboratories
- Mayo Clinic Voice Apps
- Medical Products and Stores

Any use of this site constitutes your agreement to the Terms and Conditions and Privacy Policy linked below.

[Terms and Conditions](#)

[Privacy Policy](#)

[Notice of Privacy Practices](#)

[Notice of Nondiscrimination](#)

A single copy of these materials may be reprinted for noncommercial personal use only. "Mayo," "Mayo Clinic," "MayoClinic.org," "Mayo Clinic Healthy Living," and the triple-shield Mayo Clinic logo are trademarks of Mayo Foundation for Medical Education and Research.



This site complies with the HONcode standard for trustworthy health information: [verify here.](#)

---

© 1998-2019 Mayo Foundation for Medical Education and Research (MFMER). All rights reserved.