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PSYCHOLOGICAL REACTIONS REPORTED AFTER ABORTION

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A. Scope of Survey

This survey instrument was distributed to women who had contact with WEBA, Victims of Choice, or Last Harvest Ministries. The latter two organizations used it as an intake form for women inquiring about postabortion counseling or crisis pregnancy counseling. Compared to women who received the questionnaire from these latter two sources, the 111 participants from the WEBA distribution were significantly more likely to have already participated in post-abortion healing programs, and were significantly more likely to report feeling "reconciled with" their abortion "today" (56.1% vs 13.9%).

B. Having an Abortion as a Teen

Using chi-square tests for significance, women who had at least one abortion as a teen were significantly more likely to report: nightmares; flashbacks to the abortion; hysterical outbreaks; unforgiveness of those involved; feelings of guilt; fear of punishment from God; fear of harm coming upon their other children; a worsening of negative feelings about the abortion on the anniversary date of the abortion, during a later pregnancy, or when, exposed to pro-choice propaganda; preoccupation with thoughts of the child they could have had; excessive interest in pregnant women; excessive interest in babies; experiencing false pregnancies;

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a dramatic personality change for the worse; a waking or sleeping "visitation" from the aborted child; having talked to the aborted child prior to the abortion.

Women who aborted as teens were significantly less likely to report: a history of professional counseling prior to their abortion; that the memory of the abortion has faded with time; having undergone surgical sterilization to avoid the risk of another abortion; feeling more in touch with their feelings after the abortion; feelings of hatred toward all men.

C. Having More Than One Abortion

Women who reported having had more than one abortion were significantly more likely to report: a history of being physically abused as a child; a period of strong feelings of relief after the abortion; being pro-choice after the abortion; hatred of the man who made them pregnant; ending the relationship with their partner after the abortion; difficulty in maintaining and developing personal relationships; becoming promiscuous; being self-destructive; beginning to use or increasing the use of drugs after the abortion; feelings of anxiety; fear of God; fear of another pregnancy; fear of needing another abortion; fear for unknown reasons; frequently experiencing heavy bleeding after the abortion; emotional aftereffects of the abortion which were so severe that there was a period in which they could not function normally at home, work, or in personal relationships; having experienced a nervous breakdown at some time after the abortion.

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Women with a history of multiple abortions were significantly less likely to report: that the memory of their abortion was vividly clear; a worsening of abortion related feelings on the anniversary date of the abortion or the due date of the pregnancy.

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